

**For children  
aged 4 to 14**



**A parent or  
guardian  
accompanies  
under 11s to and  
from the event**

**Pay attention to the pre-event briefing**



**No scannable barcode,  
no time, no exception**



**Parents or guardians  
can take part too**



**Let children walk, jog,  
hop, skip and run for fun!**



**Respect your  
local  
environment  
and other  
people**



**Thank the  
amazing  
volunteers!**



**Only children to enter  
the finish funnel**



**No dogs  
allowed  
apart from  
assistance  
dogs**

