

**Remember to
let children
take part for
fun!**



**Our brilliant
volunteer teams are
there to support
events to run
smoothly,**



**but parents/guardians
remain responsible
for their children at all
times**



**Check out our
photography policy**



**Make sure your child is in
appropriate clothing for
the weather and event**

**Tell the run director or another volunteer if you have
any safeguarding concerns about the activity,
or report directly to**



safeguarding@parkrun.com



**Listen to your child if
they say they don't
want to take part
anymore or
if they need a break**



**Respect your local
environment and
other people**

